

Wellness Works Solution Stage Two: Implement Your Program Overview

Wellness Works Solution is a training program and management application that delivers the tools and knowledge to enable your health care organization to establish wellness programs that change behavior and decrease health related spending for your customers.



Stage Two: Implement Your Program Overview

This is the Wellness Works Program class for when you are ready to launch your first program. You will learn how to implement your Wellness Program the right way. The goal of Stage Two is to help participants understand:

- The Components of A Successful Program
- How to Utilize Motivational Interviewing
- How to Use the Wellness Works Platform
- How to Make Sure Your Program Stays on Track

Participants who have completed the class will have the knowledge to get their program launched, keep clients happy and avoid issues along the way.

By working with OMC, we will give you the knowledge and skills to create a wellness business.

We are also your partner in success and are available on-demand to provide support.



For more details, please contact us today:

(Class outline on reverse side)

TEL: (800) 575-6537 Ext 3207

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306 Campbell Road Leeds, ME 04263

During the 5-Day Course You Will Learn:

What are the Components of A Successful Program

- Overview of steps in process
- Who are primary contributors to a program's success
- What are key factors to success

Learn Motivational Interviewing

- Understanding key components of Motivational Interviewing
- Creating change and confidence in the participant population
- Training health coaches in behavioral change techniques

Learn the Wellness Works Platform

- Utilizing the Health Risk Assessment Tool
- Administering the Personalized Participant Tracking System
- Developing Goal Worksheets & Health Summaries
- Managing Reporting Tools & Templates

Using the System and Program Together

- Putting the pieces all together
- Optimizing reporting

Strategies for Troubleshooting

- Running a proactive program
- What to do when things go wrong



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